

# FACULTY LIFE SERIES

The Faculty Wellness Committee is pleased to sponsor a Faculty Life Series that will occur monthly during the academic year from **5:00-6:00 pm in Donner 2**

**Jason J. Hutchings, Psy.D. Presents:  
Mindfulness**

Wednesday, November 7th

**TIAA: Tomorrow in Focus**  
Wednesday, December 19th

**Vanguard: Financial Freedom**  
Wednesday, January 16th

**Navigating the Tuition Benefit and Financial  
Aid for Your College Age Dependents**  
Wednesday, February 20th

**Register at:**

**<https://tinyurl.com/facultyliferies>**

**Questions or Concerns?  
Facultywellness@uphs.upenn.edu**

