Dear Faculty,

We are delighted to be sponsoring, by invitation, Drs. Timothy Brigham, Stuart Slavin, and Carol Bernstein (from the ACGME) on **March 13 and 14** for a visit about wellness in the clinical learning environment here at Penn Medicine. We are planning a number of opportunities to learn from them and for them to gain insights into what we are doing here to assess and enhance wellbeing as it relates to GME. I encourage you to sign up to participate in one or more of these activities.

### Wednesday March 13

10:15-11:30 am:

Meeting with residents/fellows, Program Directors, coordinators, faculty in small groups (Location will be provided in confirmation e-mail after you sign up)

- Discuss ongoing wellbeing activities as well as short-term and longer-term needs
- Sign up here for the 10:15 am meeting on 3/13: https://doodle.com/poll/rear3ysf2k8xeuk8

#### 1:00-5:00 pm:

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# Facilitated interview design workshop (JMEC, Room 516 E/W)

Sign up here for the <u>1:00 pm workshop on 3/13</u>: <u>https://doodle.com/poll/5i639nbpg6n4f6aw</u>

## **Background for Workshop:**

The Interview Design is a large group discussion format that enables participants to create meaningful information, diagnose important issues, and engage in problem solving. The activity enables a large group of people to talk openly about important issues in the moment. It enables all the participants to discuss the emerging data as it is collected and organize it in a way that can lead to action plans. Please review the questions below to discuss at the workshop:

- What are the attributes of an ideal institution in the context of physician and health team well-being?
- What diminishes your well-being and causes you the most frustration about the practice of medicine?
- If you were in charge, what 3 things would you do/change immediately (without the replacement of personnel or great monetary outlay) in order to increase physician well-being?
- In your opinion, what are the most important things that need to be done in order to achieve a clinical learning environment that supports and nurtures physician well-being?
- Where do we need allies outside of GME leadership to effect change? Who are they and how do we best involve them?

## Thursday March 14

8:00-9:30 am:

**Workshops with residents/fellows, Program Directors, coordinators, faculty in small groups** (Location will be provided in confirmation e-mail after you sign up)

- Discuss ways to help improve wellbeing in the GME clinical learning environment
- Sign up here for the <u>8:00 am workshop on /14</u>: <u>https://doodle.com/poll/b34q3i8zqw525pep</u>

We hope you can participate in one or all of the sessions noted above. Please sign up as soon as possible, no later than 2/27/2019.

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