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# FINDING OUR VOICES: HUMANITIES IN MEDICINE

Saturday, Sept. 23, 2023

Roberts Center for Pediatric Research 2716 South St., Philadelphia, PA 19146



www.chop.edu/cme

### **PROGRAM OVERVIEW**

This conference will bring together a community of those who work in healthcare to build connection through poetry, literature and art. Participants will learn to use narrative skills, listening and observation to give voice to their experiences and explore meaning in their work.

# This meeting is supported by a Distinguished Endowed Chair in the Department of Pediatrics

# **GENERAL INFORMATION**

This in-person inaugural conference related to the humanities will be held Saturday September 23, 2023, at Children's Hospital of Philadelphia in Roberts Center for Pediatric Research Building. Registration will begin at 8 a.m. on September 23rd. The registration fee includes continental breakfast, lunch, program materials and parking.

# **COURSE OBJECTIVES**

Upon completion of the course, the participants should be able to:

- 1. Use narrative skills to voice personal and professional experiences in healthcare.
- 2. Develop listening and observation skills to improve delivery of humanistic healthcare.
- 3. Use literature, poetry, and art to find meaning, joy, and connection in their professional lives.

# HOTEL ACCOMMODATIONS

A block of rooms has been reserved at the Sheraton University City Hotel, located three blocks from the hospital. The Group rates are \$209 single and double occupancy, plus a 16.37% room tax. To make reservations, contact the Sheraton University City Hotel directly at 1-888-627-7071 or (215) 387-8000, and be sure to mention the name of the conference when you make reservations. The special rate will be available until Monday, Aug. 21, 2023.

# **REGISTRATION FEES**

Healthcare professionals.....\$100 Trainees and Students.....\$50

# CANCELLATION AND REFUND POLICY

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, Children' Hospital of Philadelphia is not responsible for any related costs, charges, or expenses to participants, including cancellation charges assessed by airlines/travel agencies. In order to process refunds for in-person course withdrawals, cancellation must be received in writing by September 11, 2023. Refunds will be issued for the amount of registration minus \$25 administrative fee. No refunds will be issued thereafter.



## NURSING STATEMENT

Nurses will receive a CME certificate of completion. Nurses may use CME category 1 credits for re-licensure in many states, as well as most re-certifications. Please check your state board and certifying body for re-licensure and re-certification requirements.

# SOCIAL WORK CONTINUING EDUCATION CREDIT STATEMENT

CHOP is a pre-approved provider of continuing education credits for Pennsylvania Licensed Social Workers, Marriage and Family Therapists, and Professional Counselors. Participants licensed in Pennsylvania who attend the full workshop and complete the required evaluation are eligible for 4.5 continuing education credits. Participants licensed in other states should check with local licensing boards to determine continuing education approval.

## ACCME ACCREDITATION STATEMENT

Children's Hospital of Philadelphia is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for physicians.

## AMA CREDIT DESIGNATION STATEMENT

Children's Hospital of Philadelphia designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# SERVICES FOR PEOPLE WITH DISABILITIES

If special arrangements are required for an individual with a disability to attend this meeting, please contact the Continuing Medical Education Department at 215-590-5263.

# CALL FOR STORY SLAM INTERESTED IN TELLING A STORY?

A non-competitive Story Slam will be held at the end of the conference. We invite submissions of a story related to your work or experience in healthcare. You can also nominate a colleague as a storyteller. Stories should be told in five minutes and should respect patient privacy and confidentiality.

# Submission Deadline: August 22, 2023

Please use this link to submit your story: https://form.jotform.com/butlerca/story-slam-submission



# Not f cat on of Acceptance: August 30, 2023

# PROGRAM | SATURDAY SEPTEMBER 23, 2023

#### 8 a.m. Breakfast/Registration

- 8:30 a.m. Welcome Joseph St. Geme, MD Physician-in-Chief and Chairman Department of Pediatrics
- 8:35 s.m. Introductions and Program Overview Madhura Pradhan, MD

#### 8:45 a.m. Keynote

Medical Humanities: Where's the Beef? Jack Coulehan, MD, MPH Moderator: Wynne Morrison, MD

#### **Breakout Sessions**

#### 10 a.m. Breakout Session I

#### A. The 55-Word Story/Poem

Each participant will write and share a 55-word poem/story based on a prompt related to their professional experience. Ten minutes of writing, 50 minutes of inspired discussion.

Jack Coulehan, MD, MPH

#### B. What the Other Feels: Storytelling as Ethical Practice

Dr. Mathieu will read an excerpt of her writing, followed by a writing exercise and discussion.

Irène Mathieu, MD

#### C. Writing in the Media: Lessons Learned

In this session, Dr. Han will discuss his experience as a surgeon and a writer and provide strategies for incorporating your passion for writing into a busy academic career. Ranging from storytelling to advocacy, your writing can be highly synergistic with your career in medicine, and take you down pathways that you may not have envisioned, but will find rewarding. *Jason Han*, *MD* 

D. The World Through a Lens

This workshop will explore the use of photography as a means of creative expression. The speakers will describe their creative endeavors and how this impacts their humanism as health care professionals. Examples of iPhone and SLR photographs will be displayed.

Bimal Desai, MD, MBI; Brandon C. Ku, MD

#### E. Read, Write, Reflect

Participants will read a poem together followed by a discussion and reflective writing on a prompt. Laura E. Palmer, MDiv, BCC

#### 11 a.m. Breakout Session II

#### A. The 55-Word Story/Poem

Each participant will write and share a 55-word poem/story based on a prompt related to their professional experience. Ten minutes of writing, 50 minutes of inspired discussion. *Jack Coulehan, MD, MPH* 

#### B. What the Other Feels: Storytelling as Ethical Practice Dr. Mathieu will read an excerpt of her writing, followed by a writing exercise and discussion. Irène Mathieu, MD

**C. Visual Arts Within a Medical Career: What are the Possibilities?** This talk will first dispel the myth that art is a divine gift received at birth. It will then lay out a road map on how to incorporate art within a medical career.

Brian Dunham, MD

#### D. Writing for Advocacy

In this workshop, participants will learn and practice the fundamentals of Op-Ed writing, starting with the concept of credibility. Participants will practice honing the message, presenting and defending their position against counterarguments, and writing in a style that is direct and easily digestible. Participants will emerge with an outline for a topic in which they are highly invested, as well as guidance for submission. *Dorothy R. Novick, MD* 

# E. Listening Beyond Words: A Workshop with the Penn Medicine Listening Lab

As human beings, we will all undergo a wide variety of experiences related to illness, caregiving, and our own vulnerability. Feeling deeply heard can allay some of the profound alienation, fear and loss. This experiential workshop will engage some of the powerful audio stories contributed by patients, caregivers and staff to the Penn Medicine Listening Lab. We will also work in dyads to share our own stories and listen deeply to one another to help cultivate a practice of hearing what might be beyond words.

Aaron Levy, PhD and Teya Sepinuck

Noon Lunch

# 12:45 p.m. Keynote

**Speaking of Power: On Practicing Poetry and Pediatrics** *Irène Mathieu, MD Moderator: Frances Nadel, MD, MSCE, MFA* 

# 1:45 p.m. Panel Discussion

## **Making Space for Creativity**

Panelists: Jasmine Brown, MPhil; Chris Feudtner, MD, PhD, MPH; Irène Mathieu, MD; Frances Nadel, MD, MSCE, MFA; Vidya Viswanathan, MD Moderator: Stephen Ludwig, MD

- 2:45 p.m. Break
- **3 p.m.** Story Slam Moderator: Vidya Viswanathan, MD

### 4 p.m. Closing Remarks and Adjourn

Unless otherwise noted, faculty is from Children's Hospital of Philadelphia and/or the Perelman School of Medicine at the University of Pennsylvania

## COURSE DIRECTORS

Stephen Ludwig, MD Professor of Pediatrics Senior Advisor for Medical Education/Global Health

Wynne Morrison, MD, MBE Professor of Anesthesiology and Critical Care Attending, Palliative Care and Critical Care

Madhura Pradhan, MD Professor of Clinical Pediatrics Attending, Nephrology

# COURSE FACULTY

Jasmine Brown, MPhil Author of "Twice as Hard" MD Candidate 2024

**Bimal Desai, MD, MBI** Assistant Vice President Chief Health Informatics Officer

Brian Dunham, MD Director, Stream Studios Associate Professor of Clinical Otolaryngology

Chris Feudtner, MD, PhD, MPH Professor of Pediatrics Attending, Complex Care and Palliative Care

Jason Han, MD Instructor of Surgery, Integrated Cardiac Surgery Resident Division of Cardiovascular Surgery

Brandon C. Ku, MD Assistant Professor of Clinical Pediatrics Attending, Emergency Medicine

Aaron Levy, PhD Director, Health Humanities Initiatives Penn Medicine Senior Lecturer, Departments of English and History of Art University of Pennsylvania Frances Nadel, MD, MSCE, MFA Professor of Clinical Pediatrics Attending, Emergency Medicine

Dorothy R. Novick, MD Attending, Primary Care Clinical Associate Professor of Pediatrics Practice-Based Scholar, Center for Violence Prevention

Laura E. Palmer, MDiv, BCC Chaplain, Cancer Center

Vidya B. Viswanathan, MD Attending, Primary Care

## **GUEST FACULTY**

Jack Coulehan, MD, MPH Emeritus Professor of Medicine Stony Brook Renaissance School of Medicine

#### Irène Mathieu, MD

Assistant Professor, General Pediatrics Assistant Director, Program in Health Humanities and Ethics University of Virginia School of Medicine

**Teya Sepinuck** Artistic Director Founder of Theater of Witness

#### PLANNING COMMITTEE

Carly Athan, MSW, LSW Colleen Crowley, BSN, RN Steven Ludwig, MD Wynne Morrison, MD, MBE Fran Nadel, MD, MSCE, MFA Madhura Pradhan, MD Catharyn Turner, MD, M Ed Vidya Viswanathan, MD